## Wellbeing Guardians @6weekchallenge



Week 5
Wisdom Week

Children | Take up the challenges shown below, or create your own unique challenges. Check the box next to the challenges you have completed.



Make good use of social media to make a new craft with family member

(Creativity)



Want to give your children a big thumbs up?

Color the stars below to show your encouragement

Creativity

Love of Learning

Perspective

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Perspective \*\*

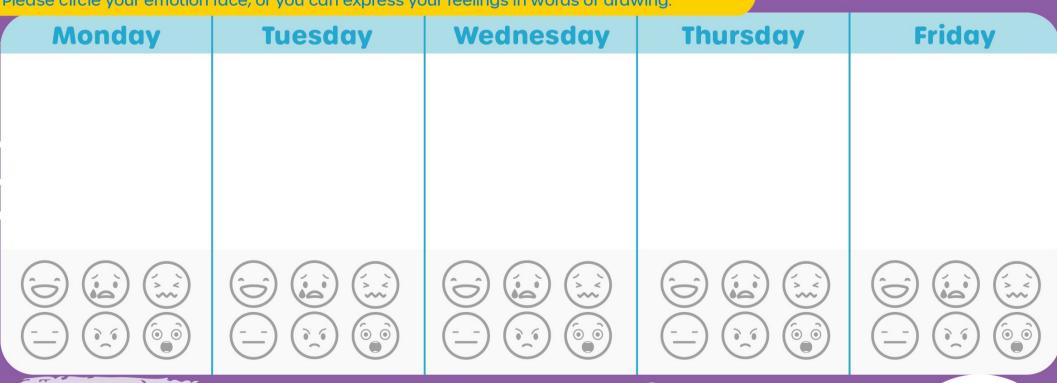


**Parent** 

signature

Children (or with the help of family): how do you feel when completing the challenge(s) today? Please circle your emotion face, or you can express your feelings in words or drawing.

1-star is the lowest, 5-star is the highest



Name \_\_\_\_\_ Contact number \_\_\_\_\_

School Name\_\_\_\_\_ Class\_\_\_\_ Student ID \_\_\_\_

#6weekchallenge

e.g. using mindmap,

dictionary, YouTube channel etc.

(Love of Learning)

**Judgement**