

揚帆 啟新程

*Setting Sail
for New Horizons*



THE HONG KONG JOCKEY CLUB
Centre for Suicide Research
and Prevention

THE UNIVERSITY OF HONG KONG

香港大學香港賽馬會防止自殺研究中心



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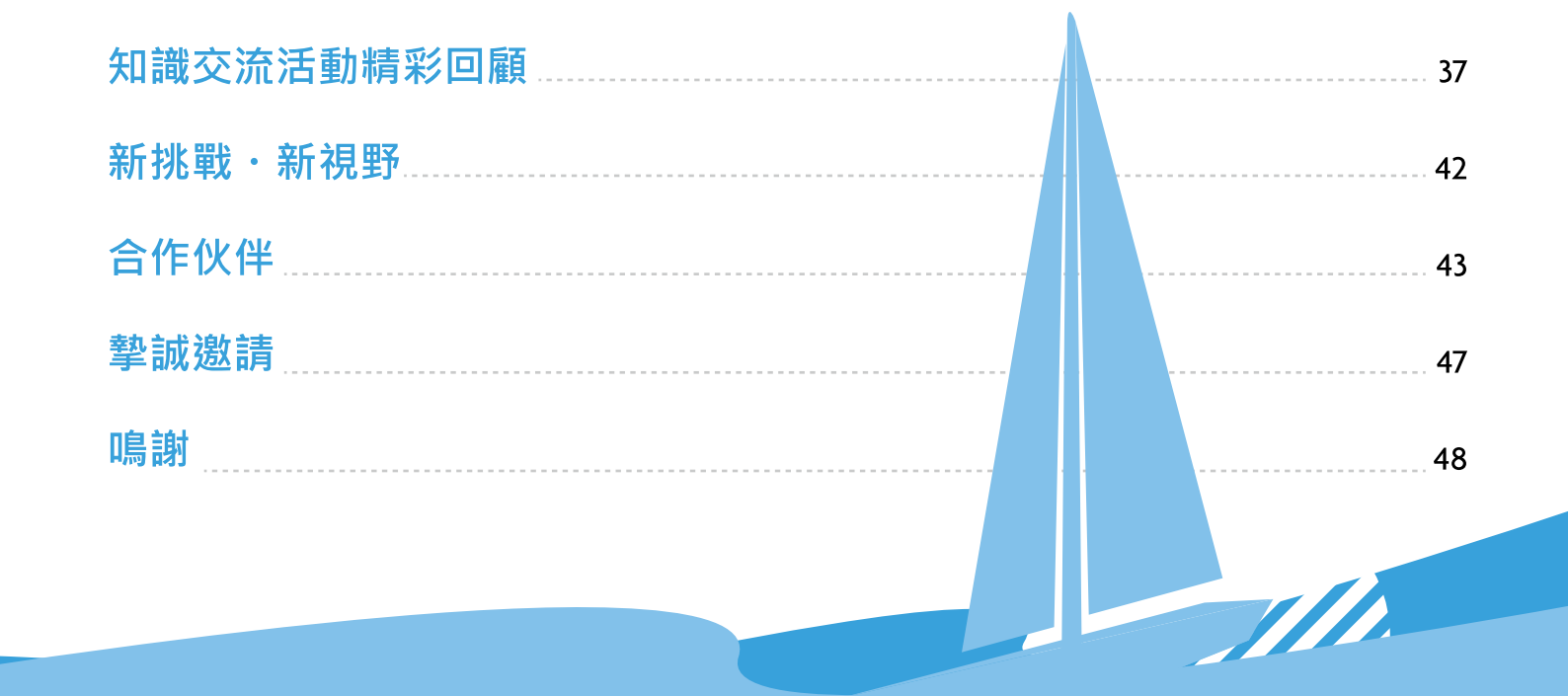
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Director's Message

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The relocation to the T.T. Tsui Building signifies a deeper connection to our mission of preserving life and uplifting those in need. We are grateful for the University's support in providing a new office after being relocated from Sassoon Road.

The office is a space where research intersects with real-life situations, policy drafts transform into outreach programs, and student questions can lead to life-saving interventions. The focus is on measurable progress, not just square footage, and focuses on voices heard, connections made, hope restored, and lives saved.

In this newsletter, we explore the theme "Setting Sail for New Horizons". We are committed to enhancing engagement, deepening our understanding, and expanding our suicide prevention initiatives within the community to provide more effective support for those in need. Through collaboration with stakeholders, we aim to create a suicide-safer community that welcomes contributions from everyone.

Dr. Philip Beh, our late associate director, exemplified a strong ethic in forensic pathology, transforming suicides into real-life understanding. His connection between hard facts and human care continues to guide our work, despite his passing.

The suicide rate has been rising over the last three years, particularly among younger adults. It has caused significant distress within the community. We need to work harder to support these vulnerable individuals. I hope we can rely on your support and participation in our efforts, let's embrace hope and set sail for a new horizon.

”





總監的話

“

感謝香港大學的支持，今年我們由沙宣道搬遷到徐展堂樓作為我們的新辦公室，這次的搬遷再次肯定了我們對扶助弱勢、守護生命的堅定信念。

身處在環境改善的工作間，我和同事們都互相提醒要走進社區、傳遞知識，讓研究實證可以為社會帶來希望，支援弱勢人士的需要；讓數據說話，使未曾被聽見的聲音被聽見、未曾被建立的連結被建立，以及未被點燃的希望被點燃。

今期年刊的主題為「揚帆啟新程」，中心會繼續以行動把研究實證轉化為服務，與各持份者並肩作戰，為社會大眾燃點希望，建立一個自殺防治安全社區。

我們亦藉此懷緬已故的副總監馬宣立醫生。馬醫生以生命體現了法醫病理的精神，他連結了實證與人性，我們會抱着他的信念繼續工作，繼續傳承，讓死者的聲音被聽見。

過去三年，香港自殺率持續攀升，其中年輕族群的情況尤其令人擔憂，這也為社會造成了沉重的衝擊與挑戰。我們必須共同努力，伸出援手，守護及關懷弱勢社群，我衷心期盼能夠得到您的支持和參與，一同攜手踏上防止自殺的關愛旅程，繼續擁抱希望，揚帆啟新程。

”



葉兆輝
Paul Yip

A New Chapter Begins:

Celebrating Our Relocation in Style

April 24, 2025 was a day to remember. With great excitement, we officially opened our new home on the 11th floor of the T.T. Tsui Building in a vibrant New Office Opening Ceremony that celebrated both our past achievements and future ambitions.

We are privileged to host many guests who are dedicated to advancing suicide prevention initiatives in our community. Joined by dedicated collaborators, community partners, and generous donors, the New Office Opening Ceremony was a powerful reaffirmation of our mission. As we cut the ribbon, we honored decades of ground breaking work while setting our sights on an even brighter future: innovating suicide prevention, strengthening partnerships, and expanding our impact across Hong Kong and beyond. We also commemorated the birthday of Dr. Elsie Leung, the chairperson of the International Advisory Committee of our centre. It was a wonderful opportunity for all of us to celebrate her special occasion together.



In Apr 2025, CSRP Relocation Ceremony: Prof. Paul Yip, Prof. Xiang Zhang, Ms. Imelda Chan, Ms. Elsie Leung (From Left to Right)

新篇章，新氣象：

慶賀中心喬遷之喜

2025年4月24日，是一個值得慶祝的日子。我們懷着興奮的心情，在徐展堂大樓11樓的新辦公室舉辦了既隆重又有活力的「新辦公室開幕禮」，回顧過往的工作，亦展現了對未來的抱負。

開幕禮雲集了一眾致力協作的夥伴、社區合作機構及慷慨的慈善家，共同見證我們對使命的堅定承諾。剪綵的一刻，既是慶賀過去二十多年來創新的工作成果，也象徵了展望更光明的未來：持續創新防止自殺的工作、加強夥伴協作，並將我們的影響力從香港擴展至全球。適逢當天也是本中心國際諮詢委員會主席梁愛詩博士的生日，我們都一同為她慶生。



Hear what they said...

細聽他們的說話...



Professor Xiang ZHANG, JP 張翔教授

President and Vice-Chancellor of The University of Hong Kong
香港大學校長

Twenty-three years ago, this Centre began as a vision. A vision to confront one of the most complex and heartbreaking challenges of our time. Suicide does not discriminate... It affects families, friends, and communities across all walks of life.

Today, the relocation is not just a new address... but a renewed promise. Suicide remains a pressing concern in Hong Kong, yet this Centre continues to shine a beacon of hope—a place where science meets compassion... where questions lead to answers... and where every step forward is a step toward saving lives.

By leveraging new opportunities and innovative technologies such as AI, I am confident that the Centre will continue to make a lasting impact to mankind.

中心始於廿三年前的一個願景——直面這個時代其中一個最複雜，又最令人痛心的挑戰，正正是無分對象的「自殺」議題.....它影響着各行各業的家庭、朋友和社區。

今日中心遷址不僅是地理位置的變更，更代表了使命揚帆啟新航！至今，「自殺」仍是香港迫切需面對的公共健康問題，而中心正正是閃耀着希望之光、展現了科學與仁愛交匯的地方這裏正是問題轉化為答案的所在，更是每刻都在向前挽救生命的福地！

藉着人工智慧等創新科技與新興機遇，我堅信中心必將持續為人類作出歷久彌新的貢獻。



Dr. Elsie LEUNG, GBM, JP 梁愛詩博士

Chair, CSRP International Advisory Committee
本中心國際諮詢委員會主席

It is my honour and privilege to serve as the chair of the International Advisory Committee since its establishment in 2002, I am pleased to witnessing impact of the centre in saving lives, for example, Little Prince is Depressed website, restriction of means of charcoal in Cheung Chau, etc. and I am particularly impressed by the devotion and compassion of the staff in CSRP who are committed in saving lives and helping the young people.

我深感榮幸自中心2002年成立國際諮詢委員會後，便一直擔任主席一職。多年來，我欣見中心在挽救生命方面為社會帶來的深遠影響——無論是設計《憂鬱小王子抗逆之旅》或是推動長洲管制賣炭的措施等，都令我深感欣慰。其中，中心同工關懷他人、支援年青人、無私奉獻，以及致力於拯救生命的精神，尤其讓我印象深刻。



Ms. Imelda CHAN 陳載英女士

Head of Charities (Positive Ageing & Elderly Care; and Healthy Community)
The Hong Kong Jockey Club

香港賽馬會慈善事務部主管 (豐盛耆年及長者服務、健康社區)

On behalf of The Hong Kong Jockey Club Charities Trust, we are delighted to congratulate the Hong Kong Jockey Club Centre for Suicide Research and Prevention (“CSRP”) at HKU on its relocation. This exciting step forward reflects the Centre’s growing impact and dedication to building a mentally healthier Hong Kong.

May I express our gratitude to Professor Paul Yip, our dear friend and partner, whose visionary leadership and tireless efforts have made CSRP a beacon of hope in suicide prevention and mental health advocacy. Over the decades, Paul’s work has touched countless lives, and we are truly grateful for your passion and commitment.

We are proud to stand alongside CSRP as our valuable partner, and we look forward to deepening our collaboration in the years ahead. Together, we will continue to spearhead impactful and evidence-based programmes for the betterment of our community.

Wishing CSRP every success in its new home — may this next chapter bring even greater opportunities to create positive change!

我們謹代表香港賽馬會慈善信託基金，祝賀香港賽馬會防止自殺研究中心搬遷。這是一個令人振奮的新起點，反映出中心對香港精神健康的奉獻和影響力與日俱增。

我衷心感謝我們親愛的朋友和合作夥伴葉兆輝教授，他富有遠見的領導和不懈的努力使中心成為預防自殺和精神健康倡導的希望燈塔。幾十年來，葉教授的工作感動了無數人的生命，我們衷心感謝您的熱情和承諾。

我們很榮幸能與中心並肩，作為我們寶貴的合作夥伴。並期待在未來幾年加深我們的合作。我們將繼續攜手推行具影響力和以實證為本的項目，以造福我們的社區。

祝願中心在新家取得圓滿成功——願未來的篇章帶來更多創造積極變革的機會！



Ms. Wendy Kwok, Ms. Elsie Leung, Ms. Olga Wong, and Dr. Lam Ching Choi (From Left to Right in the front row)



Mr. CHEUNG Kin-chung, Matthew 張建宗先生, GBM, GBS, JP

Former Chief Secretary of HKSAR;
Adjunct Professor in the Faculty of Social Sciences, HKU

香港特別行政區前政務司司長
香港大學社會科學學院客座教授

First, this new office lies at the core and heart of HKU's main campus. It is within a stone's throw from Loke Yew Hall – a historic landmark and emblem of Hong Kong's higher education. It is close to the Main Library and Faculty of Social Sciences. This not only enhances CSRP's visibility and accessibility but also interdisciplinary collaboration and networking.

Second, moving into the eleventh floor of T.T. Tsui Building from its former low-rise premises in Sassoon Road truly represents a physical elevation and scaling to new heights. This upscaling enables CSRP to have a panoramic view in furthering its noble mission and reaching out to its wide spectrum of stakeholders.

CSRP has been, is and will remain a beacon of hope and centre of excellence. Its well-proven success in suicide prevention and academic research is widely known and recognised. It is a shining example of actionable and applied social sciences as well as synergy between gown and town. It brings the academia close to the grassroots. It is, indeed, an icon of HKU.

By moving into T. T. Tsui Building, CSRP has become not merely a beacon of Compassion, Salvation, Resilience, Passion, and Professionalism, but also a bastion of Tenacity, Trust and Togetherness.

I have no doubt that CSRP at T. T. Tsui will continue to forge ahead and fly high in the decades to come for the common good of Hong Kong and beyond.

首先，這個新辦公室位於香港大學本部校園的中心。它距離陸佑堂僅一箭之遙，陸佑堂是香港高等教育的歷史地標和象徵。它靠近主圖書館和社會科學學院，這不但提升了中心的知名度，使大眾更方便前往中心，還增強了跨學科協作和聯繫。

其次，從沙宣道的低層建築搬進徐展堂樓的11樓，真正代表了物理上的提升和攀登新的高度，這也象徵了中心能夠確定其崇高的使命，更全面地去接觸持份者。

中心的過去、現在和將來都是希望的燈塔和卓越的代表。它在自殺防治和學術研究方面取得了果碩的成功，得以廣為人知和受到認可。這堪稱行動型應用社會科學的典範，更是學界與社區協同合作的標杆。它將學術研究真正帶入社區實踐，無疑是香港大學的一張亮麗標誌。

搬入徐展堂樓後，中心不僅成為關愛、拯救、堅韌、熱情，和專業精神的燈塔，而且成為堅毅、信任和團結的堡壘。我深信，在徐展堂樓的CSRP將在未來幾十年繼續開拓前行，為香港及其他地區的福祉而飛翔。



Mr. Patrick NIP Tak-kuen 聶德權先生, GBS, JP

Former Secretary for the Civil Service of HKSAR

Adjunct Professor, Department of Politics and Public Administration, HKU

前香港特別行政區公務員事務局局長

香港大學政治與公共行政學系客座教授

I have been a long term supporter and partner of the CSRP for about a quarter of a century! My first encounter with Paul and CSRP could date back to 2001 when I was Deputy Secretary responsible for elderly services policy. Prevention of elderly suicide was top on my priority list then. We have witnessed significant improvements since then thanks to the professional and dedicated efforts of colleagues in CSRP under the able leadership of Paul, amongst others.

I have worked very closely with Paul and his team when I was the Director of Social Welfare. I am a staunch supporter of evidence-based policy making and intervention. Funded by the Lotteries Fund and collaborated with Social Welfare Department, CSRP has done a marvellous job in implementing a community-based suicide prevention programme in response to the emergence of a suicide cluster in Hong Kong in 2010. The intervention was very timely, evidence-based and very effective in reducing the suicide rate.

I was very delighted to see CSRP moving into the T. T. Tsui Building in the “Core Zone” of HKU, which reflects the importance attached to the mission and work of CSRP! I look forward to seeing CSRP to continue serving as an important platform connecting academics, NGOs, government, and various important stakeholders in the community on the research and evidence-based intervention work for suicide prevention!

I wish the CSRP every success and scaling new heights !

接近四分一個世紀的時間，我一直也是中心的長期支持者和合作夥伴！我第一次接觸葉教授和中心要追溯到2001年，當時我擔任負責長者服務政策的副局長。預防長者自殺是我當時的首要任務。有賴葉教授領導下的專業同工奉獻，自此，我們見證了顯著的改善。

當我擔任社會福利署署長時，我再次與葉教授和他的團隊密切合作。我始終堅信，基於實證的政策制定與干預才是應對社會挑戰的根本之道。在獎券基金的資助下，社會福利署與中心合作，在2010年香港出現的自殺群組中，推行以社區為本的防止自殺項目做得非常出色。干預措施非常及時、以實證為本，並有效降低自殺事件的發生。

我很高興看到中心搬進香港大學「核心區」的徐展堂樓，體現了對中心的使命和工作的重視！我期待中心繼續成為連接學術界、非政府組織、政府和社會各重要持份者的重要平台，進行預防自殺的研究和以實證為本的介入工作！

我祝願中心一切順利，再創佳績！





Mr. Raymond Siu Chak-ye and Mr. Joe Chow Yat-ming (From Left to Right)



Mr. Raymond SIU Chak-ye 蕭澤頤先生, GBS, PDSM, PMSM
Former Commissioner of Police, Hong Kong Police Force
前香港警務處處長

In recent years, mental health issues have garnered significant public attention, particularly among the youth, due to an alarming increase in suicides and suicide attempts within this demographic. It is my assertion that the causes of suicide among young individuals are multifaceted, with several factors often contributing to each case. To effectively address this critical situation, it is imperative to unite the professional knowledge and efforts of all stakeholders involved. A comprehensive examination of the relevant issues is essential to achieve a synergistic effect — a scenario in which the collective impact exceeds the sum of individual contributions.

I wish to extend my appreciation to CSRP, under the leadership of Professor Paul Yip, for their thorough research and collaborative initiatives with various experts and scholars globally. I am optimistic that these concerted efforts will yield improvements in the current landscape of mental health among young people.

近年精神健康問題廣受社會關注，特別是「年青人」群組，因為大家察覺到年青人自殺或企圖自殺個案有所上升。我個人認為，年青人自殺問題成因很多，每個個案背後的原因也可能不只一個。有見及此，要改善情況，必須集合眾持份者的專業知識及努力，再詳細探究相關問題，才可收「一加一大於二」之效果！

感恩有葉兆輝教授帶領的「香港大學香港賽馬會防止自殺研究中心」在這方面的深入探究及與不同持份者合作，包括來自世界各地的專家學者，我有信心相關情況必定有所改善。



Professor William HAYWARD

Dean of Faculty of Social Sciences, Lingnan University

嶺南大學社會科學學院院長

It has been my honour to be involved with the HKJC CSRP at HKU, initially as Dean of Social Sciences and more recently as a research collaborator from Lingnan University. I have seen firsthand the tireless efforts of all the staff and students to bring positive change to Hong Kong and the region while maintaining the highest academic standards. We all look forward to the next exciting chapter in the CSRP story that awaits!

無論是當時擔任香港大學社會科學學院的院長，還是現時出任嶺南大學社會科學學院院長，我都很榮幸能夠參與中心的研究計劃。我親眼目睹了所有同工和學生的不懈努力，既保持最高的學術水平，又為香港和社區帶來正面的改變。我們都期待着中心另一個激動人心的篇章！

Mr. Stephen LIAUW Ka-kei 廖珈奇先生

Commanding Officer, the Police Negotiation Cadre,
Hong Kong Police Force

香港警務處警察談判組主管



On behalf of the Police Negotiation Cadre (PNC), I extend our congratulations to the CSRP team for this vital step in safeguarding lives. The PNC is committed to supporting the Centre's mission. We will contribute by analyzing the root causes of suicide incidents, sharing case insights, and connecting research with real-world applications. Our cadre will also conduct school talks to equip educators and youth with effective crisis management strategies. Suicide prevention requires collective action. By merging academic research, community engagement, and operational expertise, we can foster hope, save lives, and build a more empathetic society. To the Centre — your work will guide the way forward. The PNC stands proudly with you in this important mission. Thank you and congratulations on this new chapter. Together, we can make a difference.

我謹代表警察談判組，恭喜中心團隊在守護生命上邁出了重要一步。談判組一直支持中心的使命。我們共同分析自殺事件的可能成因、分享案例見解以及把研究與務實的應用聯繫起來，貢獻社會。我們會透過學校講座，為教育同工和青少年提供有效的危機管理策略。預防自殺需要大家合作，透過融合學術研究、社區參與和實踐經驗，我們方可締造希望、拯救生命，並建立一個更具同理心的社會。致中心——你們的工作會繼續前行，談判組榮幸地與你們並肩完成這項重要使命。感謝，並祝賀這個新篇章。只要齊心協力，我們就能有所作為。



Dr. LAM Ching-choi, SBS, JP 林正財醫生
Chairman of Advisory Committee of Mental Health (ACMH)
精神健康諮詢委員會主席

I support CSRP because the Centre supports ACMH very well. We are well aligned in our strategies emphasizing on evidence-based prevention.

我支持CSRP，因為該中心非常支持精神健康委員會的工作。我們的策略非常一致，強調實證為本和預防策略。

Professor Cecilia L.W. CHAN 陳麗雲教授
Professor Emeritus, Department of Social Work and Social Administration,
Former Dean of Faculty of Social Sciences, HKU (1999-2002)
香港大學社會工作及社會行政學系榮休教授
前社會科學學院院長 (1999-2002)



Witnessing the inauguration of the HKU JC CSRP two decades ago, Professor Paul Yip and his team has made miracle after miracle. Through his policy research, he was able to change charcoal selling in supermarkets and reduce cases of charcoal burning as a means of suicide in Hong Kong. His creative innovations such as use of social media to engage high-risk youth. The moving of CSRP will mark a new beginning of more exciting research and interventions to come. Congratulations.

二十年多年前，我見證了葉兆輝教授及其團隊開展了香港大學香港賽馬會防止自殺研究中心的成立，創造了一個又一個奇蹟。透過他的政策研究，他能夠改變超市的炭包銷售方式，並減少了香港以燒炭作為自殺工具的案例。又如他的創新介入項目，使用社交媒體連結有自殺高風險的青年人。中心的搬遷將標誌着未來更令人興奮的研究和干預措施的新開始，恭喜！



Ms. Winnie Kwok, Ms. May Chan and Rev. Joseph CHAN Wing-chiu (From Left to Right)



Professor Rainbow HO 何天虹教授

Director of Centre on Behavioral Health, HKU

香港大學行為健康教研中心總監

It's a real pleasure to congratulate on the opening of the new office for the CSRP. Our Centre on Behavioral Health (CBH) has worked closely with this incredible team for many years, and we're both passionate about improving wellbeing in our community. CBH uses the arts to help people heal and grow. Together with CSRP, we've shown and will continue to show how combining creativity with solid research can make a big difference in people's lives. We're excited to keep working together to build a healthier, happier community.

Congratulations on this new chapter, and here's to all the great work ahead.

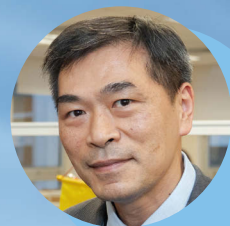
我非常高興地祝賀CSRP新辦公室的開幕。我們的香港大學行為健康教研中心 (CBH) 多年來與貴團隊密切合作，皆因我們都熱衷於改善社區的福祉。CBH利用藝術幫助人們康復和成長。我們會繼續與CSRP一起把創新與堅實的研究結合，改善市民的生活。我們很高興能共同努力，建立一個更健康、更快樂的社區。

祝賀新篇章的到來，並為未來所有偉大的工作乾杯。

Mr. Ricky WONG 黃光耀先生, MH

Managing Director of Wheelock Properties (Hong Kong) Limited

會德豐地產常務董事



It is very encouraging to see CSRP is expanding and moving to the new office. The tremendous amount of good and quality works, programs and research made by the Centre, help the community to understand more about the causes and prevention associated with suicide.

Furthermore, I highly appreciate your collaboration with local and international partners involving with our Project WeCan so to promote good mental health and social well-being in the communities and let our WeCan students know what they should do if they encountering emotional situation. Like the title of the small painting that I gifted for the new office opening – "It's OK to be not OK" which is about kindness, compassion, empathy and understanding.

Wishing all the best for the new CSRP office and keep making good work for our community.

看到中心搬到新辦公室，實在令人鼓舞。中心的工作、計劃和研究，都幫助社區更了解與自殺相關的知識和防治方法。

此外，我非常感謝能參與我們的WeCan計劃，作為本地和國際的合作夥伴，以促進社區的福祉，並教導WeCan學生遇到情緒問題時的應對方法。就像我為新辦公室開幕贈送的小畫標題一樣——「不行也沒關係」，這是關於善良、關懷、同理心和理解的呼告。

祝願中心團隊在新辦公室一切順利，繼續為我們的社區做好工作。





Ms. May CHAN Suk-mei 陳淑薇女士, SBS, JP

Special Advisor to the Chairman, Hong Kong Commercial Broadcasting Limited
香港商業電台主席特別顧問

Your Centre serves as a shelter for the frustrated youths and help them to rebuild sound mental health so as to lead meaningful lives. You and your team have been giving confidence to the youths to face challenges ahead. Your Centre have been empowering those who seek your help and advise them on how to lead healthy lives. We are grateful to you, your team and the Centre for building a harmonious society for Hong Kong and enlightening the paths for those in need to see the beauty of lives with positive attitudes. Actually, I feel stronger to face challenges and my mental health is sound since I learnt from you and your Centre twenty years ago on how to build a positive attitude in dealing with different issues in everyday lives. Thank you very much and congratulations again for what you and your team have done. I am sure that with the effort and hard work of the Centre, you and your team, our society will be a better place to foster our citizens in the years ahead. You are well deserved for our great appreciation. Thank you very much.

貴中心能為失意的年青人提供庇護，幫助他們重建良好的心理健康，從而過上有意義的生活。您和團隊一直在給年青人信心，以應對未來的挑戰。貴中心一直在為那些尋求幫助的人提供幫助，並就如何過上健康的生活提供建議。我們感謝您、您的團隊為香港建設和諧社會，為有需要的人開闢道路，讓他們以積極的態度看到生活的美好。事實上，自從二十年前我從貴中心學習如何建立積極的態度來處理日常生活中的不同問題以來，我感覺自己能更堅強地面對挑戰，我的心理狀況也因而很健康。非常感謝，並再次祝賀您和您的團隊所做的一切。我深信，在中心團隊的努力下，我們的社會在未來幾年將成為一個更好的地方，培養優秀的公民。您是當之無愧的。非常感謝您們。





Ms. LAW Chor-wan 羅楚雲女士
Principal of Hong Kong True Light College
香港真光書院校長

It is my great honor to extend my heartfelt congratulations and gratitude to CSRP on this special occasion. Over the past seven years, I have had the privilege of witnessing the profound impact CSRP has had on our school community. They have provided us with a comprehensive curriculum that systematically teaches our students how to manage their emotions and build strong interpersonal relationships. In addition, CSRP has offered invaluable training for both student leaders and teachers, empowering our entire school community to champion mental wellness across our campus.

I am thrilled to share some exceptional news: according to this year's APASO survey, our students have achieved the highest scores in Hong Kong for meaning in life, life satisfaction, and a sense of belonging to the school, with a remarkable score of 116. This outstanding achievement would not have been possible without the unwavering support and dedication of CSRP.

Looking to the future, we are excited about CSRP's plans to extend their support to include parent education. We eagerly anticipate another fruitful collaboration, which will undoubtedly enrich our community even further.

As a token of our deep appreciation, our students have lovingly crafted a commemorative gift for CSRP—a logo made from roses. The fragrance of the roses symbolizes CSRP's ability to spread positivity and bring light and energy to countless lives.

藉此特別時刻，我謹向香港大學香港賽馬會防止自殺研究中心（CSRP）致以衷心祝賀與誠摯謝忱。過去七年來，我有幸見證貴中心為我校帶來的深刻改變，你們提供的系統化課程，幫助學生掌握情緒管理技巧，建立良好的人際關係；為學生領袖和教師提供的專業培訓，更讓整個校園凝聚了對精神健康的重要性。

尤為令人振奮的是，根據本年度情意及社交表演評估的數據顯示，我校學生在生命意義感、生活滿意度及校園歸屬感三項指標均獲得116分值的最高評級。這份卓越成就，離不開中心對本校始終如一的專業支援與無私奉獻。

展望未來，我們欣喜得知中心正計劃將支援範圍擴展至家長教育領域。期待新一輪富有成效的合作，必將為我們的社區注入更多溫暖力量。

為表達由衷的感激之情，學生們親手製作了玫瑰拼成的中心標識作為紀念禮物。每一片花瓣的芬芳，都象徵着中心將希望與光明播撒至無數生命的動人歷程。

A Fresh Space for Lifesaving Work



After many years at Sassoon Road, where significant breakthroughs in suicide prevention occurred, we are optimistic as we transition to our new centre. This move signifies a renewed dedication to our mission of saving lives.

Visualize a welcoming environment where researchers, data scientists, psychologists, and social workers collaborate to exchange ideas and translate theory into practical application. We believe that healing flourishes through authentic connection, and within these walls, we aim to amplify hope beyond despair.

Situated in a more central area of the HKU campus and near public transportation, our new facility serves as a gateway to greater influence. The relocation enables us to engage more actively with NGOs, policymakers, and the public, ensuring that mental health resources reach those in need.

With expanded services, including LivingWorks' training aimed at fostering a suicide-safe community, our office reflects the expanding scope of our initiatives, from youth suicide prevention to programs such as JC Reach to Bridge Community Elderly Support Project.

As we reconstruct physical spaces, we also rebuild hope for individuals confronting life's most formidable obstacles. Although our environment has changed, our mission remains constant. Here, we will continue to pioneer research, conduct training sessions and community dialogues, and transform data into tangible solutions, exemplified by our SHIELDS program, which empowers student leaders. Undoubtedly, we will honour every individual affected by suicide, ensuring that no one suffers silently. We are thankful for the support from the university and the faculty that has made these initiatives possible.



開展守護生命的新空間

在過去沙宣道的辦公室我們開發了許多防止自殺的研究和項目；今天，我們期待在新辦公室展開新的一頁。這不僅是環境的轉變，更是我們堅守使命的一個里程碑。

期待中心同工，無論是研究員、數據分析員，以及心理學家或社工都能在舒適的環境中交流學術，使理論轉化為行動，把學術與社區實踐互相交接，讓人與人的連結能使希望的聲音響亮過絕望。

新辦公室坐落於香港大學校園內核心位置，與公共交通僅一步之遙，方便我們與非政府組織、政策制定者和社會大眾有更多互動，使精神健康資源能更快捷地送遞至有需要的人手中。今年，中心與國際預防自殺機構LivingWorks合作，為學校工作者及社區人士提供自殺介入的培訓課程，合力為香港建構成自殺防治安全的社區。我們工作範圍不斷擴大，除了預防學童自殺的項目，還有針對隱蔽長者的「賽馬會樂載耆蹤」社區長者支援計劃。

我們致力為面對人生低點的人重建希望，就仿如新辦公室一般：儘管牆壁是新的，但人和使命始終不變。在這裏，我們將恪守使命，盡力做好研究工作，讓數據說話，把知識化作行動繼續舉辦培訓，就如培育學生領袖的守門員「SHIELDS」計劃。最重要的是我們尊重每一位受自殺影響的人，確保沒有人默默承受痛苦。我們再次感謝大學和社會科學學院的支持，是他們讓這些計劃得以實現。



Empowering Hong Kong's Youth:

The Transformative Impact of Swire Properties Placemaking Academy

Since its inception in 2019, the Swire Properties Placemaking Academy (SPPA) has been a catalyst for change, transforming communities by empowering young people in Hong Kong. Through initiatives like the White Christmas Street Fair, the programme integrates education with hands-on experience, nurturing creativity, resilience, and social responsibility. In 2024, SPPA's impact soared to new heights, as evidenced by a social impact assessment from CSRP, which underscored its vital role in cultivating future leaders and strengthening community ties.

A Platform for Growth and Innovation

SPPA's six-month apprenticeship programme encompasses event planning, sustainability, and community engagement. Participants gained invaluable experience by designing and executing the White Christmas Street Fair under the guidance of Swire Properties. In 2024, the programme expanded to include secondary students through the Swire Properties Junior Programme, where teenagers received training as event emcees from industry experts. This dual-tier approach not only broadens opportunities for youth but also fosters collaboration across generations.

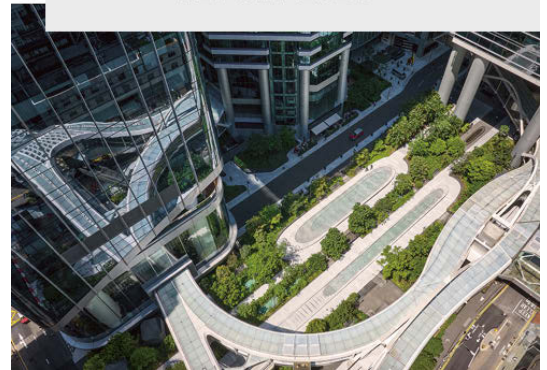
Measurable Impact, Lasting Change

Our study evaluated 49 SPPA alumni (2019-2023) and revealed transformative outcomes.

SWIRE PROPERTIES

FOR OUR FUTURE

SUSTAINABILITY
REPORT 2024



太古地產 Placemaking Academy :

培力展能促進年輕一代發展

自2019年成立以來，太古地產 Placemaking Academy (SPPA) 一直致力於培養香港的年輕人才，積極推動社區營造。其「白色聖誕市集」計劃將教育與實踐相結合，培養青年提升創意、毅力和社會責任感。在2024年，本中心受SPPA委託對其進行社會影響評估，評估顯示SPPA在培育未來領袖人才及強化社區凝聚力方面的成效顯著，影響力達到了新的高峰。

成長與創新平台

SPPA為期六個月的學徒計劃涵蓋了活動策劃、可持續發展及社區參與等領域。學員們在太古地產的指導下，親自籌辦「白色聖誕市集」，累積寶貴的實戰經驗。2024年，該計劃擴展至中學生，透過「SPPA少年計劃」，四位中學生接受了專業司儀培訓，並於市集擔任主持。這種雙軌模式不僅拓展了青年發展機會，還促進了跨代協作。

量化影響 推動長效改變

中心的研究亦評估了自2019至2023年起參加了SPPA的49名校友，結果顯示了傑出的成果。

87%

of the students developed skills in organising sustainable events.

學員表示掌握了可持續活動策劃技能



83%

honed their creative and design thinking.

提升了創意與設計思維



91%

established lasting professional networks.

建立鞏固的職場人脈



88%

mastered storytelling to connect people with places.

學會通過故事將人與地方連結



75%

reported heightened resilience in the face of adversity.

增強了抗逆力



60%

secured full-time roles within six months of degree completion.

在畢業的半年內獲全職工作



Surveys of the 2024 cohort revealed a noticeable increase in career confidence, heightened community awareness, and enhanced leadership skills.

2024 年的學員調查顯示，參與者的職業自信、社區意識及領導力均有顯著提升。

One alumnus said, 有校友指...

“ The apprenticeship clarified my career path.
At Swire Properties, I explored opportunities
I never knew existed.

這次實習助我釐清職涯方向。在太古地產，
我探索了許多我從未想到的機會 ”

Another shared,
另一人分享

“ SPPA helped me realise my potential in
sustainability, which I now pursue

大學所學偏重理論，SPPA讓我發揮潛能，
為投身可持續發展領域奠基 ”

Building Community Identity

Beyond fostering professional development, SPPA cultivates a sense of community among its members. Participants reported stronger bonds, with one noting, “My identity in this community has strengthened. I know what it means to create spaces that matter.”

Quantifying Social Value

CSR's monetisation framework quantified SPPA's societal contributions, estimating over HK\$60 million in social value generated since 2019 through employment subsidies, training, social networks, media awareness, and donations to Operation Santa Claus via Street Fair.

A Legacy of Sustainable Placemaking

The success of SPPA lies in its dedication to empowering young people and strengthening communities. This commitment is exemplified by the Junior Programme's emcees, who demonstrate mentorship and civic engagement. As Swire Properties enhances its impact measurement, the programme set benchmarks for corporate-community collaborations. By investing in Hong Kong's future leaders, SPPA is not only transforming lives but also nurturing a resilient society. With ongoing innovation, Swire Properties' commitment to placemaking ensures that every street fair, mentorship programme, and masterclass leaves a lasting legacy rooted in sustainability, creativity, and purpose, extending well beyond the holiday season.

“

Through effective placemaking and long-term placekeeping, we aim to continue to transform the places in which we invest to create value, and at the same time retain their character, support communities and enhance people's lives.

”

—— Swire Properties

深化社區歸屬

除職涯發展，SPPA亦強化了學員的社區認同感，許多參與者表示，對社區的認識加深後，歸屬感大幅提升。

社會價值量化

本中心的研究中也制定了評估及量化SPPA社會效益的框架。自2019年以來估計創造了超過6000萬港元的社會價值，這包括就業支援、學員助益(大師班、師友計劃、體驗式學習及實務培訓)、社交網絡擴展價值、媒體宣傳及籌款等活動。

可持續社區營造傳承

SPPA以青年培力與社區共融為核心。這種承諾在新設的「SPPA少年計劃」司儀培訓中，透過融入師友指導與公民參與得到了體現。通過投資未來領袖，SPPA正改寫無數生命軌跡，構建堅韌社會。展望未來，隨着太古地產不斷完善其影響力評估，該計劃為企業與社區樹立協作典範，保證每場市集、每項師友計劃和每個大師班課程均能締造以永續性、創意及深遠意義為根基的長效影響。



Well-being

Guardians at Ocean Park Hong Kong

Ocean Park Hong Kong has generously sponsored 4,000 tickets for students and families from 18 local primary schools, promoting well-being, strengthening parent-child relationships, and creating remarkable memories at the park.



To participate in this initiative, students must complete two worksheets related to the Health Hexagon model. This model aims to motivate students to engage in regular physical activity, maintain a balanced and nutritious diet, explore natural environments, develop supportive friendships, ensure adequate sleep, and establish a sense of purpose and meaning in their lives.

Furthermore, to create remarkable memories, we strongly encourage students and their families to visit Ocean Park and take three photographs during their outing to highlight their experiences.

In this initiative, we received a substantial number of over 500 submissions. Following a thorough evaluation process, approximately 70 entries were shortlisted, leading to the selection of a final

group of 29 awardees by Ocean Park Hong Kong. This esteemed group comprises one champion, 3 first runner-ups, 5 second runner-ups, and 20 merit awards, as well as a singular popularity award.



At the end of the summer holiday, 30 August, we were honoured by the attendance of Mr. Ivan Wong, the CEO of Ocean Park Hong Kong, who joined us for the award ceremony alongside our director, Prof. Paul Yip. We celebrated the event with joy and gratitude. The awardees expressed their thanks for the opportunity to practise the Health Hexagon model and to receive recognition and gifts from our esteemed guests.



身心守護隊 在海洋公園



為促進小學生及家長的身心健康，增進親子關係，以及在海洋公園創造美好的回憶，我們很感謝香港海洋公園慷慨贊助了4,000張門票，惠及了18所本地小學的學生和家長。

參與此活動的學生必須完成兩張與「六要生活態度」相關的工作紙。「六要生活態度」旨在鼓勵學生要進行體育活動，要保持均衡營養的飲食，要走進大自然，要建立互助的友誼，要確保充足的睡眠，並要建立人生的目標和意義感。

此外，為了留下美好的回憶，我們積極鼓勵學生及其家長在參觀及遊玩海洋公園期間拍攝能展示他們精彩體驗的三張照片。是次活動共收到超過500件參賽作品。經過嚴格的評審，約70份作品入圍，最後由香港海洋公園選出29位得獎者，包括了一名冠軍、三名亞軍、五名季軍、二十名優異獎，以及一名最受歡迎作品獎。

在暑假的尾聲，8月30日，我們非常榮幸地邀請到香港海洋公園行政總裁黃嗣輝先生，以及中心總監葉兆輝教授一同出席頒獎典禮。頒獎典禮洋溢着喜悅與感恩。得獎的家庭都感恩有機會實踐「六要生活態度」，並感謝嘉賓們的嘉許和獎品。



Our honourable guest: Mr. Ivan Wong (Left),
the CEO of the Ocean Park Hong Kong

SHIELDS

SHIELDS – Pilot Training for Student Gatekeeper Programme

As one of the projects supported by the Quality Education Fund, our SHIELDS program was honoured to have hosted two pilot gatekeeper trainings: one for primary school students and one for secondary school students in the last semester. Among the schools that participated were Kowloon True Light School (Primary Section) and SPHRC Kung Yik She Secondary School.

The secondary students demonstrated exceptional initiative, eagerly volunteering to be trained as mental health “gatekeepers” for their peers. Utilizing the internationally recognized SafeTALK program by LivingWorks, they acquired essential skills summarized by the impactful acronym: Tell, Ask, Listen, and Keep Safe. The workshop was highly successful, with participants describing it as “meaningful” and crucial for their roles in promoting a safer, more supportive school community.

It was inspiring to observe our youngest participants fully engaged and energetic during our specialized gatekeeper training. Specifically designed for their developmental level, the game-based session imparted vital lessons in compassionate listening, being a supportive friend, and safely seeking assistance from an adult when necessary. The children enjoyed a rewarding experience while internalising these important skills.

This initiative marks just the beginning. We are pleased to announce that the SHIELDS program will be expanded to additional schools next year. This expansion will enable a greater number of students to be trained as gatekeepers, thereby promoting safer and more nurturing school environments.

學生守門員計劃 試行訓練



作為「優質教育基金」支持的項目之一，我們的學生守門員計劃在過去的學期間成功舉辦了兩次試點守門員培訓，分別針對小學生和中學生。參與的學校包括九龍真光書院（小學部）和十八鄉鄉事委員會公益社中學。

參與的中學生積極主動，投入學習，要裝備好自己成為同學的精神健康「守門員」。他們透過LivingWorks機構的國際認可課程 safeTALK，掌握了四個重要技能：告訴 (Tell)、詢問 (Ask)、聆聽 (Listen) 和確保安全 (Keep Safe)。是次培訓反應良好，學生們都認為培訓富有意義，對未來守護校園都有所幫助。

safeTALK



而參與計劃的小學生也充滿活力，全程投入。這個以遊戲為基礎的守門員培訓是根據他們的發展水平而設，教授了富有同情心的聆聽技巧、作為支援朋友的要素，以及在需要時向成年人尋求幫助等重要知識。小學生不單努力學習技能，而且也很享受這趟學習經驗。

這項計劃只是剛剛開始。SHEILDS計劃將於下年度擴展到更多學校，意味着有更多學生被訓練成守門員，一同建構出更安全、更關愛的校園。



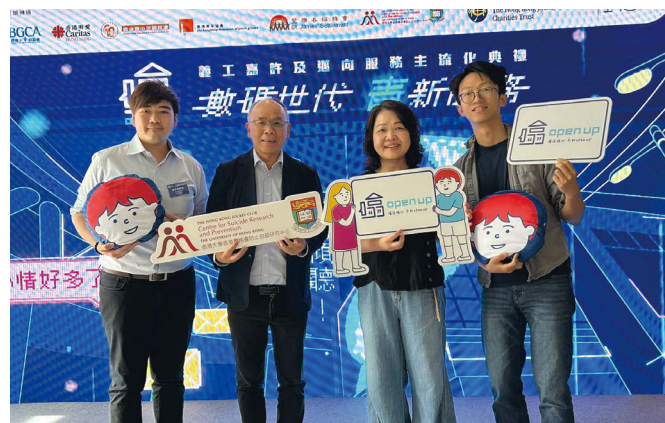
CSRP colleagues completed the train the trainer workshop for SafeTALK.

Open Up Levels Up:

New Funding, Enhanced Service for Hong Kong's Youth



Celebrating seven years, the Open Up platform has been an essential lifeline for Hong Kong's youth. Initially powered by The Hong Kong Jockey Club Charities Trust and a powerful alliance with five leading NGOs, we've built an online-to-offline model that has made a real impact.



The numbers speak for themselves

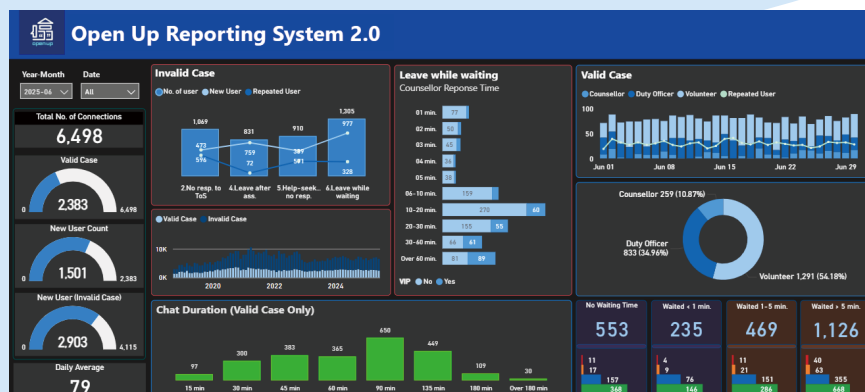
533,836 incoming chats and over **202,000** cases served. Our army of **954** dedicated volunteers has driven more than 80,000 of those cases. One could say that this is a true testament to the power of community support.

Now, we're poised to do even more. With the subvention from the Social Welfare Department (SWD) effective June 2025, we're doubling down on our mission with our partners. Our game plan is to use data-driven insights to laser-focus on user needs, build world-class text-support models, and integrate smart technology to maximize our efficiency and reach.

We surveyed hundreds of Open Up users to make sure we're on the right track. With over **400** responses each time, the message was clear.

We're thrilled to see that what people value most is the core of our mission: a free, 24/7, and completely anonymous space to talk. This feedback also honestly highlighted that waiting times can be a challenge. Most importantly, these responses were incredibly encouraging: 87% of users felt Open Up helped solve their problems.

Over 70% now have a better idea of where to seek help in the future. Looking ahead, surveyed users helped us explore exciting new possibilities. Nearly half of users are open to AI-assisted services, especially a model where professional counsellors lead with chatbot support, believing that this smart use of technology could be a key to drastically reducing wait times.



Open嘢服務升級： 新資金注入，為香港青年打造更強大支援網

Open嘢成立七周年，不知不覺已成為香港青年不可或缺的保護屏障。當年在香港賽馬會慈善信託基金的指導和支持下，中心與本港五間非政府組織共同構建了連結線上和線下的服務模式，為青年人提供更有效的服務。

數據見證成效

Open嘢累計處理 **533,836** 個求助對話，服務超過 **202,000** 宗個案。有 **954** 名熱心義工參與處理當中的 80,000 多宗個案，可算是社區支援力量的實證。

隨着社會福利署於2025年6月起開始撥款，我們將與合作夥伴深化服務，邁向主流化。我們的計劃是運用大數據精準對接服務使用者的需求、建立世界級的文字輔導模型，並整合智能技術，以提高服務效率與覆蓋範圍。

我們持續數年收集超過數百名服務使用者的回饋，作改善服務質素。每年都有超過 **400** 份的服務使用者都表示他們最欣賞Open嘢能提供免費、全天候和匿名的傾談空間。雖然輪候時間仍有需改善，但當中87%服務使用者都讚同Open嘢是有效協助解決問題，超過70%更表示明確知道尋求幫助的途徑。

展望未來，服務使用者能幫助我們的服務發展，有近半數的受訪者都接受由認可專業輔導員主導、聊天機器人協作的人工智能輔助服務模式。隨着這種智能技術的發展，可望大幅縮短服務使用者的輪候時間。



78.2%

of user find the service helpful
使用者認為Open嘢服務對他有幫助

76.9%

of users think Open Up encourages to seek help when they are in need in the future
使用者認為Open嘢能鼓勵他日後有需要時尋求協助

37.7%

of users never sought-help from anyone for the problems mentioned to Open Up
從未就在Open嘢傾談的問題向任何人求助



Expanding Our Educational Reach: The Health Hexagon Model in *Action*

In alignment with the University's initiative to enhance the mental well-being of our students in 2024, our centre has developed a summer common core course, entitled "A Healthy Lifestyle for a Hectic Life" (CCGL6003), as part of our educational objectives. Our Health Hexagon model serves as the foundation for this innovative course, equipping students with practical tools to foster resilience and maintain mental wellness.

The Health Hexagon model comprises six pillars of well-being: sleep and relaxation, physical activity, nutrition, social connection, nature engagement, and a sense of purpose and meaning. Each session integrates cutting-edge research with experiential activities, including guided mindfulness and breathing workshops, exercise sessions at B-active fitness centres, cooking workshops at the International Culinary Institute, community movie nights, mindful explorations of Lung Fu Shan, and reflective journaling and goal-setting circles.

These experiential learning opportunities ensure that students not only acquire knowledge about well-being but also actively engage in practices that facilitate the integration of these routines into their lives at HKU and beyond. The course has successfully enrolled 23 students, and the feedback received has been overwhelmingly positive, with participants expressing how the course has significantly contributed to their overall well-being and adoption of healthier lifestyle habits.

“ This course has shown me that living healthily can be simpler and more multifaceted than I realized, where we can start by making small changes in our daily routines. It serves as a reminder that I have overlooked many things in my life that could have positively affected me. ”

——— Year 3, Student Chan

“ I am an emotionally-driven person that always feels lonely and sad. But after I have these 6 lectures including activity, I start to do something that I can do to make me feel happier according to the health hexagon...Thus, instead of hoping that I will not face any obstacles in the future, I hope that I can follow the advice learned in this course to cope with the difficulties or threats that I face in the future, like the box that has a mic inside. Thank you very much for this course. ”

——— Year 2, Student Lui

拓展教育影響力：

「六要生活態度」的實踐

為配合大學於2024年提升推廣學生心理健康的倡議，本中心推出了暑期核心課程CCGL6003「繁忙人生中的健康之道」，作為我們教育目標的一部分。這門創新課程以我們獨創的「六要生活態度」為框架，幫助學生掌握實用技巧，提升抗逆力，從而保持精神健康。

「六要生活態度」涵蓋六大健康支柱：睡眠與放鬆、體能活動、有營飲食、社交、連結、親近自然，以及意義追尋。課程每一節均巧妙地結合了最新研究成果與貼地的實踐體驗，包括靜觀呼吸工作坊、B-active健身中心的運動體驗、國際廚藝學院的烹飪實踐、社區電影之夜、龍虎山靜觀漫步，以及個人反思寫作與目標設立活動。

這些體驗式學習不僅讓學生全面提升健康知識，還能付諸實行。該課程已有23名本科生修畢，並給予非常鼓舞的回饋，他們紛紛表示，該課程顯著提升了他們的整體健康水平，並幫助他們有信心在未來人生都能養成了更健康的生活習慣。



The Health Hexagon model 六要生活態度



The Four Trails: Prof. Paul Yip, Mr. Robin Lee, Prof William Hayward, Prof. Christian Chan (From Left to Right)



The students took part in the International Culinary Institute.



Project Convoy

We are actively recruiting employers for the year 2025!

Bridging Gaps:

Project Convoy Offers a *Second Chance*
to youth

Everyone deserves a second chance, and this conviction fuels the transformative efforts of Project Convoy, backed by the RC Lee Foundation.

This initiative is dedicated to helping highly educated young ex-offenders seamlessly reintegrate into society through the empowering avenue of salaried employment. We are thrilled to share that ten dedicated teams from HKU have stepped forward to join this vital cause. Their unwavering commitment has already generated over 25 new job opportunities, showcasing our community's active pursuit of a more inclusive and compassionate future.

Project Convoy plays a crucial role in this initiative by subsidising 50% of salaries for durations ranging from six months to a year, making it easier for employers to participate. They are encouraged to offer roles such as clerical assistants, research assistants, and project support staff—positions that are not only vital but also provide a stepping stone for these young individuals to succeed. Furthermore, Project Convoy promotes a culture that encourages employers to offer steady guidance and mentorship to young ex-offenders throughout their employment, effectively reducing the stigma often linked to their past.

It is heartwarming to witness the remarkable transformations in these young people as they rediscover their strengths and reconnect with the community. Through Project Convoy, we are not just giving them jobs; we are helping them build a future filled with hope and opportunity, making a significant move towards social reconciliation.

築橋引路：

「護航計劃」賦予青年人第二次機會

每個人都值得擁有第二次機會——這正是「護航計劃」的核心理念。

在利銘澤黃瑤璧慈善基金的支持下，此計劃透過提供受薪的工作機會，協助高學歷年輕更生人士重新融入社會。我們欣然宣布，香港大學有十個部門已積極參與這項計劃，共同創造超過25個就業機會，展現出共建包容互助的決心。

「護航計劃」主要為高學歷的更生年青人於香港大學各部門提供半年至一年的文書助理、研究助理或項目支援人員等就業機會，並資助其50%薪酬。此外，計劃鼓勵僱主在聘用期間持續指導支持年輕更生者，而本中心亦會支援參與計劃的僱主，讓彼此都能消除因刑事紀錄帶來的社會標籤。我們樂見這些年青人重拾自信，重投社會並發展所長。

看到這些年輕人重新發展所長，並重新融入社區都令人很欣慰。透過「護航計劃」，我們不僅是在為他們提供工作，更是在幫助他們建立滿有希望和機遇的未來，為社會復和踏出堅實一步。

I want to sincerely thank you for helping me find a job that truly matches my skills and abilities. Since starting this role, I feel much happier and more fulfilled, knowing that I am able to contribute meaningfully to society. Your support has made a positive difference in both my professional and personal life, and I'm truly grateful for that.

Research Assistant, Faculty of Social Sciences

感謝香港大學及Project Convoy給我工作機會，
讓我能先適應社會，不用擔心生計。
這亦是一個好好的機會讓我先累積工作經驗，
裝備好自己應對下一個挑戰。

Clerical Assistant, UHS

Thank you for the opportunity to work at HKU. It allows me to accumulate work experience and re-enter society. I hope this experience will help with my future employment, and I also look forward to continuing to work in my desired department at HKU in the future.

Clerical Assistant, Centre of Buddhist Studies

Advanced Suicide Prevention Training Takes Root across Hong Kong

In response to the growing concern over student mental health crises, our Centre has taken decisive action by partnering with LivingWorks to deliver two internationally recognized suicide prevention programs: safeTALK and ASIST.

These evidence-based workshops transform teachers, school social workers/ counsellors, parents, and healthcare professionals into skilled first responders equipped to identify, support, and intervene when people experience suicidal thoughts.

Between September 2024 and July 2025, we trained 600 participants in safeTALK and another 200 in ASIST program—arming schools across Hong Kong with practical tools to initiate difficult but life-saving conversations. Participants emerged not just certified, but reflected and changed: newly empowered to recognize warning signs and provide timely, compassionate support.

Looking ahead, we will expand these training sessions to reach even more educators and community professionals. Behind every statistic is a young life worth fighting for, and together we build a city where no student struggles alone. When we empower more gatekeepers, we increase the safety of the entire community.



CSRP colleagues completed the train the trainer workshop for ASIST.

「預防自殺培訓」扎根香港 共築校園守護網

為關注學生的精神健康，本中心與國際預防自殺機構LivingWorks合作，推出兩項國際認可的自殺防治課程：safeTALK及ASIST。

這些實證為本的培訓將教師、駐校社工/輔導員、家長及醫療專業人員訓練為熟練的自殺急救員，能有效識別、支援及介入青少年的自殺危機。

2024年9月至2025年7月期間，我們為600名學校同工提供safeTALK培訓，另為200名提供進階的ASIST課程，以裝備全港學校工作者對自殺的知識和應對。任重而道遠，學校同工不僅獲得認證，更經歷反思和改變。除懂得辨識自殺求助信號外，亦學習到如何及時提供具同理心的支援。

展望未來，我們將擴展培訓範圍，觸及更多教育工作者及社區人士。每個統計數字背後，都是一個值得大家奮力守護的年輕生命。讓我們共建一個安全的社區，讓學生不必再獨自掙扎。越多的守門員，校園就越安全！

This training shattered myths about suicide and awakened me to signs, I might have missed.

培訓打破對自殺的迷思，
讓我覺察以往可能
忽略的訊號。

I now feel confident reaching out to at-risk students — these skills are invaluable both in and outside the classroom.

現在我能自信地主動接觸
高風險的學生，這些技能在
課堂內外都無比珍貴。



**What Participants
Are Saying**
學員心聲

The role-playing exercises were eye-opening. I'm now better prepared to be an effective helper.

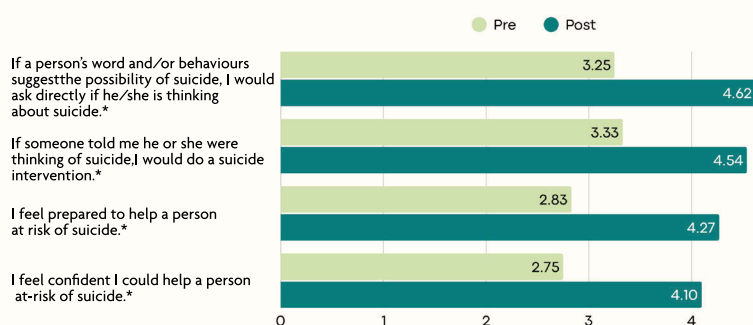
角色演練令人大開眼界，讓我準備好
成為更有效的助人者！

It gave me courage to ask directly about suicidal thoughts — something I used to avoid out of fear.

課程賦予我直問自殺念頭的勇氣，
這正是我過去因恐懼而逃避的。

LivingWorks ASIST Workshop Evaluation

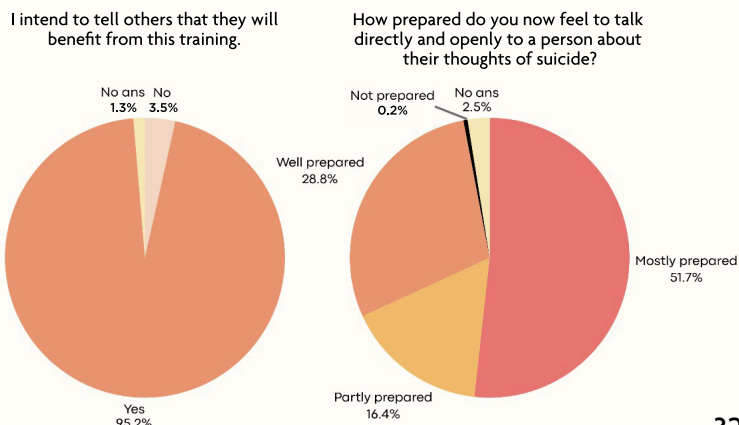
Total number of participants (by 30 Aug 2025) = 259



*p-value < 0.001

LivingWorks SafeTALK Workshop Evaluation

Total number of participants (by 16 Sep 2025) = 829



Equipping Educators as *First Responders*

In response to the critical issue of increasing youth suicide rates, The Police Negotiation Cadre (PNC) has introduced a new training initiative designed to equip educators and school staff with essential crisis management skills.

To facilitate this objective, the PNC is developing a specialized training video that will provide guidance on early detection, crisis intervention, and effective response protocols. This initiative aims to enhance the capacity of schools to safeguard student well-being and to ensure that educators are adequately prepared to respond in times of crisis.



CSRP has contributed his expertise to this project by engaging in both the research and presentation of the training video. He underscores the pivotal role that educators play as frontline guardians and advocates for the importance of community collaboration, mental health awareness, and proactive strategies to collectively reinforce the safety net for young individuals. The Centre expresses its gratitude to the Police PNC team, led by Chief Superintendent Mr. Stephen Liauw Ka-kei, for their timely provision of data concerning suicide cases, which is instrumental in informing effective prevention strategies.

New Curriculum for Promoting Student Mental Wellbeing: Empowering Parents and Building a Support Network

A new initiative aimed at supporting student well-being by empowering parents is set to launch next year. The "Mental Health Parent Education Programme" offers a structured curriculum for parents of children from kindergarten to secondary education, in alignment with the Education Bureau's Curriculum Framework on Parent Education. It includes four core strands:

Understanding
Child
Development

Promoting
Healthy, Happy,
and Balanced
Development
in Children

Supporting
Parents' Physical
and Psychological
Well-being

Fostering
Cooperation and
Communication
Between
Home and
School

This program emphasizes addressing the developmental needs of children at various stages of their growth.

Taught by school staff with expert support, the course has 8 sessions that cover key topics such as communication, child development, emotion coaching, and stress management. Through regular school visits and consultations, the program provides practical assistance. This program is not merely a series of lectures but also a guided journey. Each school's staff, supported by a professional team, leads this initiative, focusing on effective communication, understanding development, anti-bullying efforts, and parental self-care. Initial feedback suggests that these resources are having a meaningful impact, enabling families to establish stronger, more supportive environments.

裝備教育工作者成為 守護前線

為應對青少年自殺率上升的迫切問題，香港警察談判組推出全新培訓計劃，旨在為教師及學校職員提供關鍵的危機處理技巧。

為此，談判組正製作專題培訓短片，指導教育工作者進行早期識別、危機介入以及有效應對，全面提升學校保護學生精神健康的能力，確保教育工作者在關鍵時刻能更有準備地應對。

中心團隊為此培訓計劃提供專業意見，親自參與培訓短片的研究與拍攝工作。他強調：「教育工作者是至關重要的前線守護者。透過社區協作、提升精神健康意識及採取主動措施，我們能共同為年輕一代織就更牢固的安全網。」本中心衷心感謝由廖珈奇總警司率領的警察談判組的支持，他們及時提供與自殺案件相關的數據，協助中心制定有效的預防策略。



Mr. Stephen Liauw Ka-Kei, Commanding Officer of PNC



促進學生精神健康新課程：

賦能家長，共建支援網

一項旨在透過賦能家長來支援學生福祉的新項目將於明年啟動。「精神健康家長教育計劃」為幼兒園至中學階段兒童及青少年的家長提供系統化的課程，與教育局的《家長教育課程架構》異曲同工，涵蓋了四個核心主題：

了解
兒童發展

促進兒童健康、
快樂、均衡發展

促進家長
身心健康

促進家校
合作與溝通

本計劃著重於滿足孩童在各成長階段的發展所需

本課程鼓勵由受過專業培訓的校內人員主授，八節的課程包括一些重要的議題如親子溝通、兒童發展、情緒教養及壓力管理。本中心會透過定期到校提供諮詢服務，確保讓學校同工得到實質支援。這不單是一個講座系列，更是一段全程輔助的旅程。而每所學校的教學團隊將在專業支援下，帶領家長掌握從有效溝通、發展心理學到反欺凌的應對，以及家長自我關懷等全方位技能和知識。初步的回饋均表示這些資源能幫助到家庭建立更親密的關係，讓學童亦可以在更關愛的環境成長。

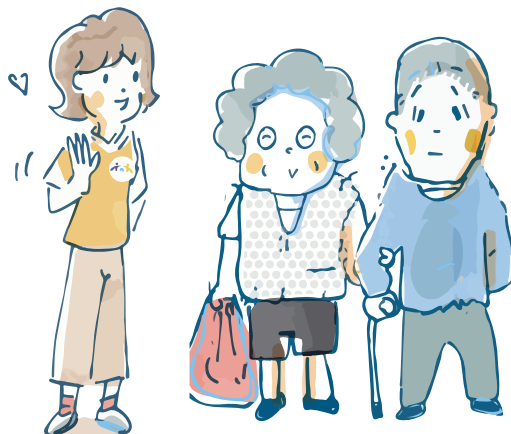
JC Reach to Bridge Community Elderly Support Project



賽馬會
樂載耆蹤
社區長者支援計劃

What are some unique mental health challenges that elderly people in Hong Kong face?

As we are facing an acute ageing situation in Hong Kong, with more than 1.6 million (22%) older adults aged 65 or above. For one, older parents often face what might be called “empty nest” migration trauma, which happens when adult children move abroad to countries such as the UK, Canada, or Australia, leaving parents behind abruptly. In Hong Kong, filial piety expectations may clash with heightened mobility in the globalized era, creating guilt in children and abandonment fears in parents.



In addition, those living in subdivided units face extreme physical confinement, in which bed-bound social withdrawal can be exacerbated by a lack of communal spaces in high-rises. Another factor to consider would be the mental health impact of medical queues, wherein deteriorating health while waiting years for specialists may combine chronic physical pain with psychological pain. Retirement income insecurity among the aged can also lead to panic or anxiety. Seeking help, sometimes, is also not that common amongst older adults, as some of them don't want to be seen as a burden to others. Finally, many elderly people may experience post-retirement identity collapse, in which a sudden loss of work status in a productivity-obsessed city may increase the potential for suicidal ideation.

Launched in November 2023, "Reach to Bridge" represents a bold step in our mission to leave no one behind. With the sponsorship from HKJC Charities Trust, in collaboration with HKU's School of Nursing and 12 NGOs and local organizations, this pioneering initiative proactively identifies and supports isolated elderly (aged 60+) across six Hong Kong districts. As we know, older adults often face loneliness after retirement, health struggles, or family separation due to migration. "Reach to Bridge" combats this isolation by mobilizing community resources to locate vulnerable seniors and bridge them to a network of care tailored to their needs. We ensure they receive the right support, from friendly home visits to home modifications for their safety. What began as a local effort has blossomed into a citywide movement. With 12 NGOs joining forces by November 2024, we have woven a safety net that now spans every corner of Hong Kong, from the high-rises of Kowloon to the outlying islands, bringing warmth and assistance to elders who need it most.

For more information, please go to <https://www.jcrtb.hk/>



「賽馬會樂耆蹤」 社區長者支援計劃

香港長者正面對哪些獨有的精神健康挑戰？

由於香港正面臨嚴峻的老齡化問題，65歲或以上的長者超過160萬人，佔總人口約22%。其中一項是「空巢症候群」：當子女移居英國、加拿大或澳洲等國家，年邁父母突然被遺留在香港。傳統的孝道觀念與子女移民產生矛盾，子女往往因移居心懷愧疚，父母則深陷被遺棄的恐懼。



此外，居於劏房的長者不僅因窄小的空間而限制了活動範圍，社交退縮的問題更因高樓林立、缺乏公共空間而加劇。另一個值得關注的問題是漫長的覆診輪候時間；長期的輪候使身體狀況會逐漸惡化，加劇了痛症與心理壓力。再者，退休後收入不穩也會引發長者的焦慮與恐慌。然而，他們甚少主動尋求協助，部分原因是他們不想成為別人的負累，以及在這高度注重生產力的城市中失去了職業所帶來的自我懷疑，這些都可能成為自殺風險的催化劑。

於2023年11月啟動的「賽馬會樂耆蹤」社區長者支援計劃，正是我們「沒有任何一個長者被遺忘」這重要使命的實踐。此項開創性計劃獲得香港賽馬會慈善信託基金的贊助，並與港大護理學院及12間本地非政府組織及地區團體合作，積極尋找並支援六個地區的隱蔽長者(60歲以上)。透過動員社區網絡，參與合作團體為長者提供家訪以至家居改善服務、精神健康評估的個人化服務。我們亦開發了客戶關係管理(CRM)系統，可以更有效辨識需要援助的長者，並銜接適合的社會服務。從地區試點到全城行動，由2024年11月起，再多12間非政府組織加入本計劃。攜手編織起覆蓋全港的安全網，從九龍到新界和離島，為最需要的長者帶來溫暖與支援。

詳情請瀏覽網站<https://www.jcrtb.hk/>

When we speak of suicide prevention, we often focus on youth, but silence in old age can be just as deadly, and older adults have the highest rates amongst all age groups. This project ensures no voice goes unheard, no matter how quietly they struggle.

談論預防自殺時，我們時常聚焦在青年人，但沉默的長者的痛苦同樣致命。這項計劃正正就是讓社會聽見長者們的無聲掙扎。

捐助機構：



香港賽馬會慈善信託基金
The Hong Kong Jockey Club
Charities Trust

合作院校：



HKU LKS Faculty of Medicine
School of Nursing
香港大學護理學院



THE HONG KONG JOCKEY CLUB
Centre for Suicide Research
and Prevention
THE UNIVERSITY OF HONG KONG
香港大學社會政策及社會工作研究中心



Carmen Lai
黎翠珊女士

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Hong Kong 香港婦聯
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牛頭角區婦女福利會
NGAU TAU KOK WOMEN'S WELFARE ASSOCIATION



OIWA 離島婦聯
www.oiwa.org.hk



博愛醫院
Pok Oi Hospital



喜色園
SIK SIK YUEN



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香港耆康老人福利會
The Hong Kong Society for the Aged



天水圍婦聯
Tin Shui Wai Women Association Limited.



東華三院
Tung Wah Group of Hospitals



仁愛堂
YAN OI TONG

Knowledge Exchange: An Impressive Recap

知識交流活動精彩回顧

October
10月
2024



In the October 2024 panel event, “Refocus on Hong Kong through the Lens of Cantopop” speakers Prof. Paul Yip, Dr. K.T. Chan, Prof. Stephen Chu, Prof. Cui Guo, and student panellist Renee Chan engaged in a thoughtful discussion about the enchanting performances of the HKU Medici Cantano, vocalist Fung Wong, cellist Harrison Sit, pianist Yikkiu Tsun, and guitarist Barry Chung. Organized by the Faculty of Social Sciences, the HKU Urban Systems Institute, the Centre of Development and Resources for Students, and our Centre, beautiful music filled the halls of the Chong Yuet Ming Cultural Centre.

在2024年10月舉行的專題活動「從廣東歌見構香港」專題研討會，葉兆輝教授、陳啟泰醫生、朱耀偉教授、郭萃教授，以及學生代表 Renee Chan 一同列席交流，其中，香港大學Medici Cantano合唱團、主音 Fung Wong、大提琴手薛朗天、鋼琴家Yikkiu Tsun及結他手Barry Chung的精彩表演更是令人難忘。這個活動由香港大學社會科學學院、建築學院、學生發展及資源中心與本中心攜手合辦，讓悅耳的樂聲充滿了莊月明文化中心的每個角落。



Dr. K.T. Chan, Prof. Stephen Chu, Prof. Cui Guo, Prof. Paul Yip and student Ms Renee Chan (From Left to Right)

November
11月
2024

In November 2024, we hosted a seminar with Prof. Matthew Spittal from the University of Melbourne's Centre for Mental Health and Community Wellbeing. He discussed how machine learning algorithms using electronic health records, registry data, and big data could predict suicidal behaviour. Comparing traditional risk scales to new machine learning algorithms, he highlighted the challenges of predicting rare events like suicide and the opportunities for improving clinical efficacy.



Prof. Matthew Spittal's seminar was held in Nov 2024

2024年11月，我們與墨爾本大學精神健康中心的Matthew Spittal教授共同舉辦了一場研討會。他探討了機器學習演算法如何利用電子健康記錄、登記資料和大數據來預測自殺行為。他將傳統風險量表與新型機器學習演算法進行了比較，強調了預測自殺等罕見事件的挑戰以及提高臨床療效的機會。

January 1月 2025

In January 2025, Prof. Yip joined a worldwide panel of speakers, including Prof. Holly Wilcox from the Johns Hopkins University, Prof. Vladimir Carli from the Karolinska Institute, Dr. Gergö Hadlaczky from the Karolinska Institute, and Prof. Eric Caine from the University of Rochester. The talk, entitled “Promoting Mental Health: A Collaborative Approach to Suicide Prevention,” was a calibration of the focal lens of the field to the unique challenges faced in Hong Kong. It led to fruitful dialogue about the actionable solutions researchers and Policymakers could adopt evidence-based strategies to foster a culture of sustained care.

2025年1月，葉兆輝教授與約翰霍普金斯大學自殺預防中心的 Holly Wilcox 教授、卡羅林斯卡學院的 Vladimir Carli 教授及 Gergö Hadlaczky 教授、羅徹斯特大學的 Eric Caine 教授等國際專家展開對談。講座的主題為「促進精神健康：自殺防治的協作模式」，聚焦香港獨特挑戰，推動研究者與政策制定者就實證策略展開豐碩對話，共同培育可持續關懷的文化。



Prof. Eric Caine, Dr. Wendy So, Prof. Gergö Hadlaczky, Prof. Holly Wilcox, Prof. Vladimir Carli and Prof Paul Yip (From Left to Right)



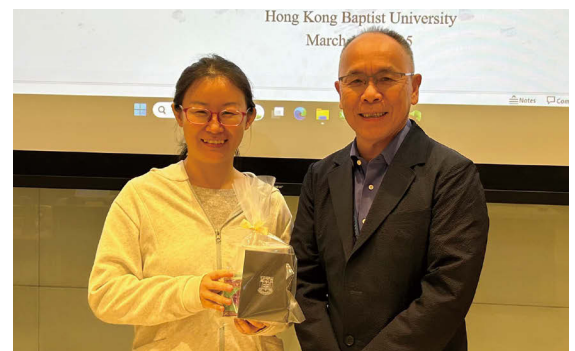
“Promoting Mental Health: A Collaborative Approach to Suicide Prevention” was held in Jan 2025

March 3月

2025

In March 2025, we invited Prof. Yingqi Guo from Hong Kong Baptist University to present on 'Environment and Mental Wellbeing: From Static to In-situ Design.' Attendees learned about the environmental impacts on mental health and methods for studying this using technologies such as watch, GIS/GPS/RS, and fMRI. Her talk covered static-design models (ecological, multilevel, and structural equation) and in-situ methods (real-time longitudinal, RCT).

2025年3月，我們邀請了香港浸會大學的郭瑛琦教授就「環境與心理健康：從靜態到現場設計」發表演講。與會人員了解到環境對心理健康的影響，以及利用手錶、GIS/GPS/RS和fMRI等技術進行研究的方法。她的演講涵蓋了靜態設計模型(生態模型、多層次模型和結構方程模型)和現場研究方法(即時縱向研究，隨機對照試驗)。



Prof. Yingqi Guo & Prof Paul Yip

May
5月

2025

In May 2025, during the “Building Family-Friendly Workplaces” roundtable hosted by legislators, Professor Paul Yip served as an expert discussing systemic barriers faced by working mothers in balancing family and career. He contributed insights on workplace policies and social support, emphasising the link between work-life balance and mental health. The Centre’s focus on intersectional analysis underscores its commitment to addressing these issues from various perspectives.

2025年6月，葉兆輝教授作為特邀專家出席「共建家庭友善職場—探討職業女性生育與事業的平衡難題」圓桌會議（人口政策系列研討會），深入剖析在職母親在平衡家庭與事業時面對的系統性障礙，就職場政策與社會支持提出獨到見解。工作、生活平衡與精神健康的關聯不言而喻，研究中心致力以多元交織性分析，多角度探討此議題。



The “Building Family-Friendly Workplaces” roundtable was organized in May 2025

In May 2025, we hosted a delegation from the “2025 Guangdong Province Primary and Secondary School Mental Health Professional Key Teachers Training Program,” led by Guangdong’s Department of Education and coordinated by South China Normal University. Our team, including psychologist Mr. Harrison Sit and Ms. Lisa Ho, shared CSRP’s latest progress and mental health commitments. After discussions, the guests toured HKU landmarks like the Main Building, Centennial Campus, and Alumni Brick Wall.

2025年5月，我們欣喜接待廣東省中小學心理健康教育骨幹教師培訓班代表團。此重要項目由廣東省教育廳主導、華南師範大學統籌。本中心教育心理學家薛朗天先生及臨床心理學家何倩恒女士分享了最新研究成果與務實工作，其後嘉賓們亦參觀了港大歷史悠久的主樓、現代化的百周年校園及充滿紀念意義的校友磚牆等。



Group photos from the representatives of Guangdong’s Department of Education and our centre

August
8月

2025

In August 2025, Professor Paul Yip attended the “Future Makers, Thrive Together Forum 2025,” organized by The Hong Kong Jockey Club Charities Trust. The event was attended by a total of 981 young changemakers who displayed confidence in their potential and aspired to influence their communities positively. The atmosphere at the forum was vibrant, characterized by palpable energy and enthusiasm, and the young participants were empowered to articulate their ideas and visions for the future. Together, we can nurture these young talents and support them as they work towards shaping a better community for all.

2025年9月，葉兆輝教授出席了由香港賽馬會慈善信託基金主辦的「新世代創未來論壇2025」。這次活動共有981位年輕的變革者參加，他們對自身的潛力充滿信心，並渴望為社區帶來積極的影響。論壇現場氣氛熱烈，活力四射，熱情洋溢，年輕的參與者能暢所欲言，表達他們對未來的想法和願景。讓我們攜手合作，共同培育這些年輕人才，並支持他們為建立更美好的社會而努力。



“Future Makers, Thrive Together Forum 2025”
was held in Aug 2025



Dr. Sarah Lytle & Prof. Paul Yip

September
9月

2025

In September 2025, we held a press conference with Suicide Prevention Services on World Suicide Prevention Day to release the most updated suicide rate in Hong Kong. We encourage the society to pay more attention to unemployed young adult males between 25 and 39 years old, the suicide rate for this demographic group has significantly increased from 10.0 in 2021 to 14.4 in 2024.

2025年9月，本中心聯同生命熱線在世界防止自殺日舉行了記者招待會，公布了最新的自殺數據。我們呼籲社會一同關心25-39歲沒有受僱的男性，因該族群的自殺率從2021年的10.0上升至2024年的14.4，有明顯的增幅。



2025 World Suicide Prevention Day Press
Conference was held in Sep 2025



Mr. Vincent Ng, Ms. Lisa Ho and Prof. Paul Yip
(From Left to Right)

New Challenges *New Horizons*

The future presents both pressing challenges and significant opportunities, and we are prepared to confront them with renewed vigour and strategic focus. This year, we are broadening our initiatives across several critical domains:

Youth Mental Health Campaigns

Building upon the accomplishments of the SHIELDS program, we are leveraging AI to develop new peer-support frameworks to assist students in managing academic stress, social media pressures, and issues of identity amidst a rapidly evolving urban environment.

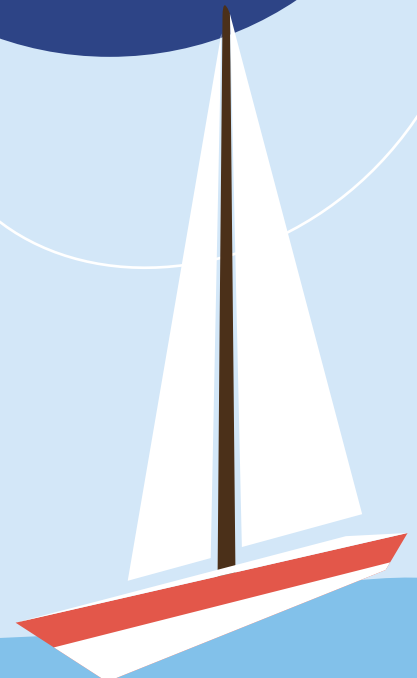


Policy Advocacy

Leveraging insights from our spatial-temporal cluster research, we are providing guidance to policymakers regarding targeted suicide prevention strategies, particularly in high-risk districts such as Wong Tai Sin and Kwun Tong.

Elderly Technology Enablement

We are conducting pilot programs for an intuitive tablet application specifically designed to facilitate frontline engagement with socially isolated elderly individuals. This tool aims to support social workers in performing mental health assessments, providing companionship, and sharing community resources directly at residents' homes.



新挑戰 來年未見里予

未來的路雖然充滿挑戰，但同樣地蘊藏着重大機遇，我們蓄勢待發，已準備好迎接挑戰！今年，我們將有以下幾個焦點項目的發展：

青少年 精神健康計劃

基於 SHIELDS 項目的成效顯著，我們正發展運用人工智能開發全新的同輩支援網絡，讓學生能有效應對學業壓力、社群媒體壓力和認同問題。



老年人 科技賦能

我們正試行專為前線人員設計的簡易平板應用程式，用以接觸隱蔽長者。這項工具將協助社工進行精神健康篩查、提供陪伴服務，並即時分享社區資源，真正實現把服務送到府上。



政策倡議

運用時空聚集分析研究，為政策制定者提供精準的自殺預防策略建議，尤其是黃大仙和觀塘等高風險地區。



CSRP Director, Prof. Paul Yip, and associate directors, Dr. KT Chan, Dr. William Lo, the late Dr. Philip Beh, Prof. Frances Law, and CSRP colleagues

Our Honourable Collaborators



Sep 2024

R U OK Day 2024:
Prof Yip and Australian Consulates

Oct 2024

IDS Opening Ceremony:

Prof. Paul Yip, Prof Ann John,
Dr. Olivier Y. Rouquette and
Dr. Wendy So (From Left to Right)



Nov 2024

The Academic Review panel
consisted of Dr. Lam Ching Choi,
Ms. Elsie Leung, Prof. Ming Wen,
and Mr. Matthew Cheung
(From Left to Right, in the Front Row)



Feb 2025

HKU Spring Reception 2025:

Dean, Prof. Ming Wen and faculty members
in the Faculty of Social Science





Feb 2025

School Sharing Session with the Police Negotiation Cadre:

Mr. Stephen Liauw and Mr. Harrison Sit

Mar 2025

Kai Tak Sports Park Grand Opening Ceremony:

Ms. Sophia Chak, Prof. Paul Yip, Prof. Rainbow Ho, and Mr. James Wong
(From Left to Right)



Mar 2025

Mental Health Fun Day at Ocean Park with Dr. Lam Ching-choi, the Chairman of theACMH; Dr. Ronald Lam, the Director of Health; and Mr. Ivan Wong, the Chief Executive of the Ocean Park Corporation

Mar 2025

Dr. Frankie Ngan Man-yu, Hon Chan Yung and Hon Leung Hei, Edward, the Legislative Councillors, visited us



Mar 2025



The Love Foundation
representatives visited us



The UBS
representatives visited us



The UNICEF
representatives visited us

2025年国际华人社会学会议：数字化与社会发展 2025.5.31



31 May 2025, International Chinese Sociological Association Annual Conference



In June 2025, Territory-wide Parent
talk: Prof. Annis Fung and Dr. Sandra
Tsang (From Left to Right)



In June 2025, CSRP colleagues participated in the
International Association for Suicide Prevention (IASP) 33rd
World Congress 2025, Vienna, Austria



June 2025

Prof. Paul Yip(Right) visited Prof. Keith Hawton(Left)
at The University of Oxford

July 2025

Prof. Paul Yip (Left) had lunch with The Hon.
Matthew Cheung Kin-chung (Middle) and
Prof. Ming Wen, Dean of Social Science (Right)



July 2025

Lundbeck representative, Ms. Lily Chan visited us

August 2025

Event by Wu Zhu Qiao (Bridge to China)
Charitable Foundation



An Invitation

This milestone wouldn't be possible without the support of our donors, partners, and the HKU community. As we settle in, we invite you to visit, collaborate, and help fill these halls with an even greater purpose. Together, we'll ensure this new home becomes a beacon for those navigating darkness. Every brick here is laid with intention, and every conversation within them could light the way to a life saved. As we write this next chapter, we invite you to visit, collaborate, and help fill these halls with an even greater purpose, setting sail for new horizons.

We also welcome direct ways for readers to participate in our work.

**Volunteer through
safeTALK and ASIST
training workshops
to identify at-risk
individuals**

**Donate and fund
mental health
projects and
suicide prevention
workshops**

**Spread the word by
sharing our mission to
break the stigma and
myths related to
suicide and mental
health concerns**

熱誠邀請

再次感謝捐款人、合作夥伴和香港大學的支持，否則我們將難以履行使命。我們誠邀您蒞臨參觀我們的新辦公室，期待與您攜手合作，共同肩負使命。讓我們齊心將中心化為照亮迷途者的燈塔，讓每處都承載着信念，每個對話都點亮拯救生命的道路。我們甫踏入新篇章，您的到訪，將會壯大彼此守護生命的使命，讓彼此揚帆啟新程。

我們也歡迎讀者以各種方式直接參與我們的工作，例如：

您可以參與
safeTALK和ASIST
培訓工作坊，在社區識
別有自殺念頭的人，
並連繫到相關機構

您可以捐贈和資助
心理健康計劃及
自殺預防工作坊

分享守護生命的理念，
打破對自殺及精神疾病
的迷思和誤解



Acknowledgements 鳴謝

Thank you



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The Hong Kong Jockey Club
Charities Trust



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Social Sciences
The University of Hong Kong
香港大學社會科學學院



社會福利署
Social Welfare Department



優質教育基金
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Health Bureau
The Government of the
Hong Kong Special Administrative Region
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善導會
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the hongkong federation of youth groups



香港青少年服務處
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The University of Hong Kong**

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